

Hemel Hempstead Birthday Open

Event	Swimmer	
200 free	Talia Staines	2:25.11 (PB CR)
50 free	Oren Staines	34.66 (PB)
100 fly	Oren Staines	1:42.28 (PB)
200 bk	Ruby Millard	3.08.59 (PB)
200 br	Ruby Millard	3.27.33 (PB)
100 fr	Ruby Millard	1.17.73
100 IM	Ruby Millard	1.29.35 (PB)