



BOYS ACCEPTED SHORT COURSE TIMES

| | 10/11 Years | 12 Years | 13 Years | 14 Years | 15 Years | 16 Year | 17 Years & Over |
|------------------------|-------------|---------------------------|----------|----------|----------|---------|-----------------|
| Age Band | C | D | E | F | G | H | I |
| 50m Freestyle | 34.6 | 32.4 | 30.0 | 28.1 | 26.6 | 25.6 | 25.2 |
| 100m Freestyle | 01:16.2 | 01:11.0 | 01:06.1 | 01:01.5 | 00:58.7 | 00:56.3 | 00:55.3 |
| 200m Freestyle | 02:45.4 | 02:34.3 | 02:24.1 | 02:13.9 | 02:07.6 | 02:02.5 | 02:00.6 |
| 400m Freestyle | 05:56.8 | 05:34.0 | 05:13.2 | 04:55.5 | 04:41.4 | 04:30.8 | 04:25.6 |
| 800m Freestyle | | Fastest 64 Entries | | | | | |
| 1500m Freestyle | | Fastest 32 Entries | | | | | |
| 50m Breaststroke | 44.9 | 41.7 | 38.1 | 35.7 | 33.7 | 32.2 | 31.7 |
| 100m Breaststroke | 01:38.1 | 01:31.0 | 01:23.9 | 01:17.7 | 01:13.6 | 01:10.5 | 01:09.1 |
| 200m Breaststroke | 03:30.8 | 03:16.4 | 03:01.9 | 02:48.2 | 02:39.5 | 02:33.6 | 02:30.0 |
| 50m Butterfly | 38.2 | 35.8 | 33.0 | 30.9 | 29.0 | 28.0 | 27.2 |
| 100m Butterfly | 01:25.8 | 01:19.5 | 01:13.6 | 01:08.0 | 01:04.2 | 01:01.9 | 01:00.4 |
| 200m Butterfly | 03:07.9 | 02:55.4 | 02:42.7 | 02:30.5 | 02:21.2 | 02:16.4 | 02:12.4 |
| 50m Backstroke | 39.8 | 37.2 | 34.1 | 32.2 | 30.3 | 28.9 | 28.5 |
| 100m Backstroke | 01:25.8 | 01:20.0 | 01:14.2 | 01:08.6 | 01:04.9 | 01:02.4 | 01:01.0 |
| 200m Backstroke | 03:03.2 | 02:51.2 | 02:39.3 | 02:27.6 | 02:19.9 | 02:14.8 | 02:12.5 |
| 200m Individual Medley | 03:07.2 | 02:55.1 | 02:43.6 | 02:31.1 | 02:23.5 | 02:18.3 | 02:15.5 |
| 400m Individual Medley | | 06:20.9 | 05:56.8 | 05:33.8 | 05:16.6 | 05:05.4 | 04:59.7 |

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| Age Band | C | D | E | F | G | H | I |
| 50m Freestyle | 36.7 | 34.3 | 31.8 | 29.8 | 28.2 | 27.1 | 26.7 |
| 100m Freestyle | 01:20.8 | 01:15.3 | 01:10.1 | 01:05.2 | 01:02.2 | 00:59.7 | 00:58.6 |
| 200m Freestyle | 03:02.0 | 02:49.8 | 02:38.5 | 02:27.3 | 02:20.4 | 02:14.8 | 02:12.7 |
| 400m Freestyle | 06:27.2 | 06:02.4 | 05:39.9 | 05:20.6 | 05:05.3 | 04:53.8 | 04:48.2 |
| 800m Freestyle | | Fastest 64 Entries | | | | | |
| 1500m Freestyle | | Fastest 32 Entries | | | | | |
| 50m Breaststroke | 48.0 | 44.7 | 40.7 | 38.2 | 36.0 | 34.5 | 33.9 |
| 100m Breaststroke | 01:45.0 | 01:37.4 | 01:29.8 | 01:23.2 | 01:18.7 | 01:15.4 | 01:13.9 |
| 200m Breaststroke | 03:51.9 | 03:36.1 | 03:20.1 | 03:05.0 | 02:55.4 | 02:49.0 | 02:45.0 |
| 50m Butterfly | 40.9 | 38.3 | 35.3 | 33.1 | 31.0 | 29.9 | 29.1 |
| 100m Butterfly | 01:31.9 | 01:25.1 | 01:18.8 | 01:12.7 | 01:08.7 | 01:06.3 | 01:04.6 |
| 200m Butterfly | 03:26.7 | 03:12.9 | 02:59.0 | 02:45.5 | 02:35.3 | 02:30.1 | 02:25.6 |
| 50m Backstroke | 42.5 | 39.9 | 36.5 | 34.4 | 32.4 | 30.9 | 30.5 |
| 100m Backstroke | 01:31.9 | 01:25.6 | 01:19.4 | 01:13.4 | 01:09.5 | 01:06.7 | 01:05.3 |
| 200m Backstroke | 03:21.5 | 03:08.3 | 02:55.2 | 02:42.3 | 02:33.9 | 02:28.3 | 02:25.7 |
| 200m Individual Medley | 03:25.9 | 03:12.6 | 02:59.9 | 02:46.2 | 02:37.8 | 02:32.1 | 02:29.1 |
| 400m Individual Medley | | 06:53.3 | 06:27.1 | 06:02.2 | 05:43.5 | 05:31.3 | 05:25.2 |



OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA
 Affiliated to the Amateur Swimming Association (South East Region)
County Championship and Age Group Competitions 2019

GIRLS ACCEPTED SHORT COURSE TIMES

| | 10/11 Years | 12 Years | 13 Years | 14 Years | 15 Years | 16 Year | 17 Years & Over |
|------------------------|-------------|---------------------------|----------|----------|----------|----------|-----------------|
| Age Band | C | D | E | F | G | H | I |
| 50m Freestyle | 35.2 | 33.1 | 31.1 | 30.0 | 29.0 | 28.3 | 28.2 |
| 100m Freestyle | 01:17.1 | 01:12.1 | 01:08.6 | 01:05.3 | 01:03.5 | 01:01.7 | 01:01.5 |
| 200m Freestyle | 02:46.2 | 02:35.1 | 02:27.5 | 02:20.6 | 02:16.3 | 02:13.0 | 02:11.7 |
| 400m Freestyle | 05:56.4 | 05:33.0 | 05:17.3 | 05:06.2 | 04:57.0 | 04:51.0 | 04:48.5 |
| 800m Freestyle | | Fastest 64 Entries | | | | | |
| 1500m Freestyle | | Fastest 32 Entries | | | | | |
| 50m Breaststroke | 45.1 | 42.0 | 39.4 | 37.7 | 36.4 | 35.7 | 35.2 |
| 100m Breaststroke | 01:38.2 | 01:31.6 | 01:26.2 | 01:21.3 | 01:19.1 | 01:17.6 | 01:16.5 |
| 200m Breaststroke | 03:30.6 | 03:16.3 | 03:05.1 | 02:55.5 | 02:50.7 | 02:47.1 | 02:45.8 |
| 50m Butterfly | 38.7 | 36.2 | 34.0 | 32.6 | 31.5 | 30.8 | 30.5 |
| 100m Butterfly | 01:26.2 | 01:19.9 | 01:15.8 | 01:11.7 | 01:09.8 | 01:08.2 | 01:07.4 |
| 200m Butterfly | 03:10.0 | 02:55.3 | 02:45.7 | 02:36.7 | 02:31.6 | 02:28.3 | 02:26.6 |
| 50m Backstroke | 40.0 | 37.5 | 35.2 | 33.8 | 32.8 | 31.9 | 31.6 |
| 100m Backstroke | 01:26.3 | 01:20.2 | 01:16.0 | 01:12.4 | 01:10.0 | 01:08.4 | 01:08.1 |
| 200m Backstroke | 03:02.6 | 02:51.0 | 02:42.8 | 02:34.9 | 02:29.8 | 02:26.0 | 02:24.6 |
| 200m Individual Medley | 03:07.6 | 02:54.7 | 02:46.8 | 02:38.6 | 02:33.9 | 02:30.3 | 02:29.0 |
| 400m Individual Medley | | 06:19.9 | 06:00.3 | 05:46.7 | 05:36.9 | 05:28.9 | 05:27.0 |

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|------------------------|-------------|---------------------------|----------|----------|----------|----------|-----------------|
| Age Band | C | D | E | F | G | H | I |
| 50m Freestyle | 37.3 | 35.1 | 33.0 | 31.8 | 30.7 | 30.0 | 29.9 |
| 100m Freestyle | 01:21.8 | 01:16.4 | 01:12.8 | 01:09.2 | 01:07.3 | 01:05.4 | 01:05.2 |
| 200m Freestyle | 03:02.8 | 02:50.6 | 02:42.2 | 02:34.7 | 02:30.0 | 02:26.3 | 02:24.9 |
| 400m Freestyle | 06:26.7 | 06:01.3 | 05:44.3 | 05:32.3 | 05:22.3 | 05:15.7 | 05:13.0 |
| 800m Freestyle | | Fastest 64 Entries | | | | | |
| 1500m Freestyle | | Fastest 32 Entries | | | | | |
| 50m Breaststroke | 48.2 | 45.0 | 42.1 | 40.4 | 39.0 | 38.2 | 37.7 |
| 100m Breaststroke | 01:45.1 | 01:38.0 | 01:32.2 | 01:27.0 | 01:24.7 | 01:23.0 | 01:21.8 |
| 200m Breaststroke | 03:51.7 | 03:36.0 | 03:23.6 | 03:13.0 | 03:07.7 | 03:03.8 | 03:02.4 |
| 50m Butterfly | 41.4 | 38.7 | 36.4 | 34.8 | 33.7 | 32.9 | 32.6 |
| 100m Butterfly | 01:32.3 | 01:25.5 | 01:21.1 | 01:16.7 | 01:14.7 | 01:12.9 | 01:12.2 |
| 200m Butterfly | 03:29.0 | 03:12.8 | 03:02.3 | 02:52.4 | 02:46.7 | 02:43.1 | 02:41.2 |
| 50m Backstroke | 42.7 | 40.2 | 37.7 | 36.1 | 35.1 | 34.2 | 33.8 |
| 100m Backstroke | 01:32.4 | 01:25.8 | 01:21.4 | 01:17.4 | 01:14.9 | 01:13.2 | 01:12.8 |
| 200m Backstroke | 03:20.8 | 03:08.1 | 02:59.1 | 02:50.4 | 02:44.8 | 02:40.6 | 02:39.1 |
| 200m Individual Medley | 03:26.3 | 03:12.1 | 03:03.5 | 02:54.4 | 02:49.3 | 02:45.4 | 02:43.9 |
| 400m Individual Medley | | 06:52.2 | 06:30.9 | 06:16.2 | 06:05.5 | 05:56.9 | 05:54.8 |