



Bourne End Junior Sports Club—Swim Section News

September / October 2013

IMPORTANT DATES FOR YOUR DIARY

Club Autumn Champs (9th & 23rd November 2013)

This is a wonderful opportunity to swim at the pool we train in and set new PBs or better your current ones! Spread over 2 Saturdays in November, our Club Champs offers our swimmers an opportunity to swim 50m, 100m, 200m and a fun relay.

For those who have entered, 'Thank You'! For those who have yet to put in your entries, please do so by **30th October 2013** to:

Marleen James : mhjames55@hotmail.co.uk

For our Club Champs to be successful, we require sufficient volunteers / officials to be at poolside on both Saturdays. There are many different roles involved, some requiring experience but most do not. Please get in touch with:

Wendy Healy : tandwhealy@aol.com

FORTHCOMING EVENTS

BEJSC Club Autumn Champs
(9th & 23rd November 2013)

Entries to Marleen James ASAP

Maxwell Level 4 Meet
(8th December 2013)

Entries Closed

Aylesbury X'Mas Gala
(14th December 2013)

Abingdon Winter Open
(4th & 5th January 2014)

Entries Closed

Maxwell Winter Open
(18th & 19th January 2014)

Wycombe Long Course Open
(8th & 9th February 2014)

Entries by 20th December 2013

2013/14 CLUB CAPTAINS

SARAH DONLON

Hiya! I am Sarah, the newly appointed Club Captain! I have swum for Bourne End since I was 6 and I thoroughly enjoy competing, especially in the Chiltern League where the team atmosphere is on top form! I am now in my final year of 6th Form and am Head Girl at Furze Platt Senior School studying PE, Geography and Psychology and am hoping to go onto university to study sports development. Besides being a part of the competitive section, I have been involved at the 'Learn to Swim' sessions on Fridays since I was 14 and have obtained my Level 1 Teaching qualification. Being a member of Bourne End swim team has been an enormous part of my life and I am indeed honoured to have been selected as Club Captain.



FINN BAILEY

I have been a member of BEJSC swimming club for the last 10 years. I am currently in year 12 at RGS and am hoping to pursue some form of engineering or architecture at university. My main interests outside of school is definitely swimming, whether it be competing or teaching others to swim. Outside of Bourne End swimming club, I have been a teacher and an in pool helper for Neil Bailey Swimming.. Through this experience of teaching, I have been able to develop my leadership skills. At school, I am involved in various activities i.e. Duke of Edinburgh and mentoring Maths. I have also obtained my Level 1 Teaching in swimming as well as hold a Rescue Test qualification. Through BEJSC's coaching over the years. I have had a successful 2013 as I managed to attain qualifying times to swim at Regionals in the 50 Free and Fly as well as 100 Free.

TOMMY RULER

I'm Tommy Ruler, currently training with Senior Performance Squad after 8 years swimming with Bourne End, starting off with the Club at Court Garden on Friday evenings. I am in the 6th Form at John Hampden Grammar School studying Maths, Further Maths, Physics, Chemistry and Spanish, subjects I enjoy nearly as much as swimming.. I compete at all our open meets and at the ONB County Championships each year. I am training hard to achieve Regional times which I am getting close to. My favourite strokes are Backstroke and Butterfly. Some of my fondest memories of swimming with our club are from the Team Galas where we get to travel as a group on a coach and swim as a team. I want to be able to help our younger swimmers to enjoy their swimming as they move up through the club.

SWIMMERS IN ACTION



BBAT Meet (21st & 22nd September 2013)

Superb performances from our 42 swimmers who recorded a total of 121 personal best times and 12 club records from 171 swims. Fantastic team effort with lots of cheering from, the end of the lanes. The gala proved to be great fun, enjoyed by all.

Congratulations to **Finn Bailey, Lucy Wheeler, Noah Dean, Isabel Highsted** and **Tommy Ruler** for setting or improving short course club records.

Huge thanks to **Claire Donlon** for her organisation, **Alison Branch, Claire Perry, Mel Hoare, Sam Dyson** and **Zoe Staines** for poolside help. Also to **Sandra Cox, Claire Wotherspoon, Marleen James, Chris OConnell** and **Wendy Healy** for standing as officials and finally **Steve Godfrey, Sarah Haveron Jones** and **Julie Matthews** for organising the team.

Bletchley Natalie Berry Memorial Gala (12th October 2013)

A total of 12 new personal best times were set with 2 club records for Lucy Wheeler in 50m Butterfly and 100m IM.

Thank you to **Steve Godfrey** for standing in as Team Manager at late notice and running the team so well. Thank you too, to **Kim** and **Geoff Mornard** for time keeping, **Claire Wotherspoon** and **Annette Moss** for judging and to **Dennis Smith, Francesca Goody** and **Zoe Staines** for organising our swimmers on the night.

Most of all, special thanks to our swimmers for participating and helping to celebrate the life of Natalie Berry, god bless.

Wycombe B & C Grade Gala (19th & 20th October 2013)

The Annual Wycombe B&C Grade meet saw our swimmers compete over the full length of the Wycombe pool in all strokes over 50m, 100m and 200m. A good group of swimmers had good fun both in the pool and in the various changing room mosh pits!

A total of 67 personal best times were recorded. Some fast swimming particularly from our younger swimmers who performed extremely well.

Luca Staines (9 years) set a new club record in the 200m Individual Medley and he now holds both the long and short course 200m I.M. Records for U-10 boys.

Thank you to **Wendy Healy** and **Claire Wotherspoon** for judging, **Nina Sloggett** for timekeeping (who has passed her time keeper module as part of her J1 qualification), **Grace Grego, Zoe Staines, Julie Matthews** and **Sarah Haveron Jones** for managing our team.

SECTION OFFICIALS

| | |
|------------------|-----------------------------|
| Chairman | Vacant |
| Head Coach | Andy Ruler |
| Court Garden | Vacant |
| CG (Admin) | C. Donlon |
| Treasurer | Tracy Highsted |
| Secretary | Tina Zychowicz |
| Membership | Alison Branch |
| Swim Shop | Rachel Wroe |
| Officials | Wendy Healy |
| Medals | Sandra Cox |
| Club Champs | Marleen James |
| Club Welfare | Clare Perry |
| Life Guards | Rick Pearce G. Hannaford |
| Social Secretary | Morag Quinn |

TRAINING SCHEDULE



Mondays:

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|----------|----------------|
| 7-8pm | JR Performance |
| 7-8.30pm | SR Performance |

Tuesdays:

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|-------------|------------------------------|
| 6.30-7.30pm | Development 1 & 2 JR Club |
| 7.30-8.30pm | SR Club SR Performance |

Thursdays:

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|-------------|----------------|
| 6-7pm | JR Club |
| 6-7.30pm | JR Performance |
| 7-8.30pm | SR Performance |
| 7.30-8.30pm | SR Club |

Saturdays:

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|-------|----------------------------------------------------------|
| 7-8am | Development 1 & 2 JR & SR Club JR & SR Performance |
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Sundays (Alternate)

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|----------|----------------------------------------|
| 7-8pm | Development 2 JR Club & Performance |
| 7-8.30pm | SR Club & Performance |



DRAGON BOATS AT LONGRIDGE

The dragon boating event which was held at Longridge on Saturday 28th September was a huge success. With one boat containing the kids and the other the parents, we had great fun racing and splashing each other. Although the parents pulled together to win the races, the kids were by far the better singers. Roll on next year! Thank you to **Morag Quinn** for organising.

