



Bourne End Junior Sports Club—Swim Section News

July / August 2013

IMPORTANT DATES FOR YOUR DIARY

BBAT Autumn Meet (21st & 22nd September 2013)

This is **OUR MEET** which is jointly organised with Didcot Barramundi, Aylesbury and Thame Swimming Clubs. For the meet to be successful, we expect all our swimmers in our Performance squads to attend. For our Club and Development swimmers, this is a natural progression from Club Champs, giving experience of open competition in a very friendly environment.

Do enter to attain new PB's

FORTHCOMING EVENTS

BBAT Autumn Meet
(21st & 22nd September 2013)
Entries Closed

Wycombe B&C Grade Gala
(19th & 20th October 2013)
Entries Closed

BEJSC Club Autumn Champs
(9th and 23rd November 2013)
Watch out for Entry Forms

Maxwell Level 4 Meet
(8th December 2013)

Aylesbury X'Mas Gala
(14th December 2013)



BEJSC AWARDS 2012/13

Brudelin Trophy	(Contribution to Club)	Peter Sones
Williams Cup	(Most Improved Swimmer)	Adam Williams
Sutton Williams Cup	(Senior Endeavour)	Connor McKillop
Rimmer Trophy	(Junior Endeavour)	Isabel Highsted

	<i>Sprints</i>	<i>Distance</i>	<i>Endeavour</i>
U-10	Luca Staines Katie Haveron Jones	Luca Staines Jessica Mornard	Luca Staines Ruby Millard
U-12	Robert Matthews Lucy Wheeler	Robert Matthews Lucy Wheeler	Luke Pargetar Jessica Smith
U-14	Noah Dean Francesca Healy	Noah Dean Mary-Anne Grego	George Keeley Sarah McKillop
U-16	Tommy Ruler Sian Wotherspoon	Finn Bailey Sian Wotherspoon	None awarded None awarded
Open	Joe Lawrie Sarah Donlon	Joe Lawrie Sarah Donlon	Matt French Ami Pantridge

TRAINING NEWS

Handy Cross

Last Saturday training:
27th July 2013

**Squads A,B, Yellow,
Green & Blue**

Training continues on Thursdays

FROM SEPTEMBER...

Mondays:

7-8pm JR Performance
7-8.30pm SR Performance

Tuesdays:

6.30-7.30pm Development 1 & 2
JR Club
7.30-8.30pm SR Club
SR Performance

Thursdays:

6-7pm JR Club
6-7.30pm JR Performance
7-8.30pm SR Performance
7.30-8.30pm SR Club

Saturdays:

7-8am Development 1 & 2
JR & SR Club
JR & SR Performance

Sundays (Alternate)

7-8pm Development 2
JR Club & Performance
7-8.30pm SR Club & Performance



THANK YOU DINNER

The Club showed its appreciation to all our parent volunteers by hosting a 'Thank you' dinner at 'On The Thames' in Bourne End on 19th July 2013. Our parent volunteers make the swimming section what it is today!

Coaches, Lifeguards and Committee Members were present to enjoy a light hearted, delightful evening away from the pool.

Our heartfelt appreciation for all your time through the year!

SWIMMERS IN ACTION



Abingdon Summer Open (7th July 2013)

The 23 personal best times from 49 swims at this meet were hard earned in a meet in high heat with a small field of swimmers making for short rest intervals between swims. It was pleasing to see our swimmers using good technique to maximise their performance showing they are training hard and effectively.

Lucy Wheeler set three new club records in 50m, 100m Backstroke and 50m Butterfly with Tommy Ruler improving his existing 100m Backstroke club record.

Thank you to **Zoe Staines** and **Sarah Haveron Jones** for suffering the heat to organise our swimmers for the meet.

Bletchley Summer Open (13th July 2013)

It was a very long day at the pool to mark our last competition of the year. Our team, as usual, represented our club in excellent form in and out of the pool. Our swimmers completed 70 swims and converted these into 39 new or improved personal best times with many other swims close, some times very close, to their PB demonstrating a consistent and improving performance across the age groups.

Lucy Wheeler ended her most successful swim season with the 200IM, breaking our club record by 7 seconds. In the next event, Luca Staines competed in his first 200m I.M. and broke the club record BUT picked up a DQ. We will wait for that record next time Luca (no pressure!)

Huge thanks to Wendy Healy and **Claire Wotherspoon** who officiated all day and to **Sarah Haveron Jones**, **Grace Grego** and **Steve Godfrey** for organising our team of swimmers all day and ensuring they were well prepared for their events. Thank you all.

SECTION OFFICIALS

Chairman	Vacant
Head Coach	Andy Ruler
Court Garden	Vacant
CG (Admin)	C. Donlon
Treasurer	Tracy Highsted
Secretary	Tina Zychowicz
Membership	Alison Branch
Swim Shop	Rachel Wroe
Officials	Wendy Healy
Medals	Sandra Cox
Club Champs	Marleen James
Club Welfare	Clare Perry
Life Guards	Rick Pearce G. Hannaford
Social Secretary	Morag Quinn

SOCIAL SECRETARY



MORAG QUINN

Neil and I have been married for 17 years. Before becoming a full time mum, I was a research scientist doing drug discovery in the pharmaceuticals industry. I did not return to work after having Molly as we moved to the States when she was 5 months old. We came back 6 years later and a little while after that I decided to turn my hobby of gardening into a job by becoming a self-employed gardener. These days I only garden two mornings a week but I also invigilate at Cressex Community School. Molly joined BEJSC in January, swimming in Blue. I volunteered to help at events, recognising that without the parents helping, the club would not function as well as it does, but was talked into taking on the role of Social Secretary.

SOCIAL NEWS



BEJSC Bowling (23rd June 2013)

26 swimmers took to 5 lanes at the AMF Bowling Alley in High Wycombe. Some serious and fine bowling by some of our swimmers.

A spread of burgers, hot dogs and fries were served before the chafeurs arrived for pick-up. A fun and

loud afternoon enjoyed by all. Thank you to **Morag Quinn** for organising this short notice event.

YEAR END BARBECUE (7th July 2013)

80 people for the BBQ, lots of food and drinks and a great deal of summer sun shine. Thanks to all who came along and made this a great celebration of another successful year of swimming. A special thank you to **Morag Quinn** whose efforts made it all possible.

CONGRATULATIONS!

Steve Gofrey
Our newly qualified
ASA Level 1

