



Bourne End Junior Sports Club—Swim Section News

April 2012

LIFE GUARDING

The BEJSC version of Baywatch are looking for some new recruits...! We currently have a team of 10 fully trained RLSS lifeguards available, but by the end of the Summer break we will be down to 4 as the younger ones head off to University and some of the older players hang up their whistles. To make sure we can cover all the swim sessions from September, we need to replace those moving on. So, we are now looking for volunteers to do the training and join the Team.

Volunteers tend to fall into 2 groups: parents of younger swimmers who would like to do a bit more than just sit poolside on a Saturday morning; and senior swimmers who would like to gain a useful work qualification and put a bit back into the Club. The First Aid training is excellent and provides a very useful life skill for parents and young people alike.

Minimum age for a qualified lifeguard is 16 years but training can start before then. Senior Swimmers requiring to participate in this training programme must meet specific criteria in terms of number of years swimming within the club as well as a commitment to a minimum of 2 years life guarding. Whilst there is no upper age, the ability to swim a dozen lengths or so is a pre-requisite.

The Club pays for the training and all we ask is that volunteers complete the full training and then fulfil the lifeguard role for a minimum of 2 years, remembering that many hands make light work.

Details of training dates and timings will be notified shortly, but meanwhile, expect to see the Lifeguards seeking out volunteers over the next few weeks. Anyone interested in joining the Team should speak to either **Rick Pearce** or **George Hannaford** on poolside..



RICK PEARCE



GEORGE HANNAFORD

FORTHCOMING EVENTS

BEJSC Spring Champs

5th & 19th May 2012

Entries Closed

Wycombe Sprints

12th May 2012 - **Entries Closed**

Witney Open Sprints

10th June 2012 - **Entries Closed**

Abingdon Summer Open

(1st July 2012) **Entries Out!**

Return to Andy Ruler ASAP

BEJSC Award Presentation

6th July 2012 (Wye Valley School Hall)

Bletchley & District Open

7th July 2012 - **Entries Closed**

Summer BBQ (15th July 2012)

LONDON 2012



The London 2012 Olympic Torch features 8,000 small cut-out circles, representing the 8,000 inspirational people who will carry it on its journey around the UK.

The Torch Relay will pass through the UK from 19th May—27th July 2012 starting from Land's End.



One of those inspirational runners is our very own **Head Coach, Andy Ruler** when he picks the torch up at Reading on 11th July 2012 between 8am—10am when it passes through Buckinghamshire and Berkshire. He will be informed of the exact location 4 weeks prior to the event.

So, keep this date and times free to be in Reading to mark this special 'Once in a Lifetime' experience for Andy and our Club.

Time and location will be posted once it has been announced.

Watch this space!

Important Dates for your Diary

BEJSC Spring Champs

5th & 19th May 2012 (**Entries Closed**)



Entry to the Spring Champs is now closed. If you have failed to send in your entries in a timely manner but still wish to compete, please see **Marleen James** and/or **Andy Ruler** ASAP. Assistance at poolside is always welcomed for the evening—please get in touch with **Wendy Healy** at tandwhealy@aol.com

Summer BBQ

15th July 2012



Our annual family get-together to conclude yet another swim year. An afternoon of good fun, company and food!

Keep this date free!

BEJSC Award Presentation

6th July 2012



The annual award presentation for winners of various age groups based on swimmers' performances (Distance and Sprints) for our Club Champs as well as recognition of contribution, improvements and training aptitude.

SWIMMERS IN ACTION

Chiltern League—Round 3
(14th April 2012)



The 3rd and final round of the league saw BEJSC swimmers taking to the poolside at the Gutteman pool at Stoke Mandeville Stadium. We have again included new swimmers competing for the first time at this league and as usual the rest of the team made them feel welcomed. Our team started very well with a number of new personal best times and displaying our usual high quality performance across the age groups. We were joint 4th after 10 events, 3rd after 20 events, second after 30 events and JOINT FIRST after 40 events. We are unfortunately edged to a close 3rd place in the last 10 events with Putteridge in 2nd and Linslade in first.

A huge thank you to all our swimmers for representing our club so well over the three Chiltern League rounds.

Special thanks to **Claire Wotherspoon**, **Marlene James** and **Wendy Healy** for standing as Judges, **Claire Donlon** and **Brian Bowker** for timekeeping, **Judy Keeley** for organising the team travel, **Nigel Goody** and **Alison Branch** for organising the swimmers and to **Grace Grego** for putting the team together and making sure the evening was a success.

Another great team performance and accompanying team results, well done all!

Aylesbury Relays
(21st April 2012)

A first for us and with just relays going for the evening, the noise level at poolside was more than the usual. In their bid to cheer on their team mates in all the events, our swimmers were as loud as, if not more than the other clubs as we had fielded a team of 29.

Our swimmers had a fabulous time and seemed to enjoy swimming alongside their fellow team mates from all age groups and gender as all events were grouped by 'No Faster Than' times. It was a new experience for most, and our Senior swimmers continued to show their natural flair and ability to deal with and motivate our younger swimmers along. Whilst most clubs present had fielded relatively strong teams, we had chosen to provide an opportunity to all our swimmers to swim relays as a team. Full results and split times on website.

Special mention to **Wendy Healy** for pulling together the poolside helpers and stepping in as Travel Co-Ordinator for the evening. Thank you to **Claire Wotherspoon** and **Sandra Cox** who stood in as Judges, **Martin Wheeler** and **Brian Bowker** as Timekeepers, **Andrea Rees** and **Rachel Wroe** as 'Whips' **Marleen James**, **Mike Storr**, **Rick Pearce** as well as **Wendy Healy** for taking the split times for the events, **Joe Lawrie** and **Lewis Bailey** as Lane Coordinators who were there for our swimmers throughout the evening.

Last but not least, **a huge 'thank you' to all our swimmers** who made themselves available to swim as a team and for doing their best.

SECTION OFFICIALS

Chairman	Vacant
Head Coach	Andy Ruler
Court Garden	Vacant
CG (Admin)	C. Wotherspoon
Treasurer	John French & Tracy Cubitt
Secretary	Tina Zychowicz
Membership	Alison Branch
Swim Shop	Rachel Wroe
Officials	Wendy Healy
Medals	Sandra Cox
Club Champs	Marleen James
Club Welfare	Eryl Walker
Life Guards	Rick Pearce G. Hannaford
Social Secretary	Vacant
Newsletter	Grace Grego

WELFARE OFFICER



ERYL WALKER

I volunteered for this role at the 2010 AGM. I wanted to support the club as both my sons swam. I do not have great swimming skills so a role at poolside was not for me! Although I have done timekeeping at a few Club Champs and its fun – so give it a try!

When I took on the role of Welfare Officer I worked part time as a Business Analyst but now my job is full time. Married to Graham, who is one of the clubs volunteer lifeguards, so all the family are involved with BEJSC in some small way.

My role involves maintaining CRB checks on all volunteers involved in the club, from Chairman to coaches; from Lifeguards to poolside helpers. Also I am the point of contact if any child or parent has concerns regarding safety or welfare.



Our club sent 2 teams to **the Big Splash Mile** held at **HandyCross** on **Saturday, 28th April 2012**. **Sarah Donlon (Captain)**, **Mary-Anne Grego**, **Jade Mather**, **Robert Matthews** and **Kieran Pargeter** were team 'Yellow' and **Robert James (Captain)**, **Peter James**, **Alex Haveron-Jones**, **Chloe Nicklin** and **Annie Cox** were team 'RED'. Team 'Yellow' completed the mile in 21:37:5 whilst 'RED' finished closely behind in 22:12:0. Between the swimmers, they have raised just over **£450.00** for Sport Relief and we are hoping to increase that sum at the coming Club Champs. Thank you to those who have sponsored them. For those who have yet to sponsor, please do—it's for a good cause! **Well done, swimmers!**