



## Bourne End Swimming Section News September 2010

Welcome back to a new swimming season. We hope you had a great holiday! This newsletter rounds up awards and successes that you might have missed at the end of last season

### 2009/2010 Swimming Section Awards

The Bourne End Sports Club Awards Evening is a great opportunity for us to see what is happening in the other sections of the Sports Club and where some of our swimmers are involved both in club and other section activities.

Within the swimming section this is our opportunity to award swimmers and parents who have contributed to the swimming section over the last year.

#### **Brudelin Trophy**

#### **Contribution to the Club**

***Emma Lewington***

Emma started off at Bourne End Swimming Club as a swimmer where she progressed through the squads until a succession of injuries caused her to retire from training and competition. However, rather than walking away from the sport, Emma continued her training as a teacher and as a life guard and has spent much of the last 4 years poolside taking junior teaching squads or standing as our lifeguard.

Emma is off to university this year and it is our pleasure to acknowledge her fine contribution to our club and our swimmers with this Brudelin Award.

#### **Williams Cup**

#### **Most Improved Swimmer**

***Connor McKillop***

Connor joined our club much later than his peers and so started behind the others in terms of fitness and technique. Over the last year, Connor has caught up with his peers by always attending his training sessions, training hard and improving in leaps and bounds. Connor is a credit to our club and a great example of what you can achieve through hard work. Well done Connor.

#### **Sutton Williams Cup**

#### **Senior Endeavour**

***Megan Cox***

Megan as an easy choice for this award. She has always approached training seriously, been the hardest working swimmer in her lane and combines this with an easy and relaxed approach to what are often hard training sessions we set. Well done Megan on a great performance.

#### **Rimmer Trophy**

#### **Junior Endeavour**

***Elliot Walker***

When the Rimmer family put up this award, they wanted to recognise a club swimmer from our junior ranks who shows commitment to their swimming at every level. Elliot more than fits the bill here, he trains hard, knows what he needs to improve and tries his hardest to achieve his next target and does it all with great focus and energy. Good job Elliot.

**Wycombe Abbey swimming starts on Monday 13th Sept**

## 2009/2010 Swimming Section Cups

We present three sets of awards each year. The sprint cups and distance shields are awarded to the swimmers who performed best overall in the two club championships. The Endeavour awards are awarded to who stand out as working hard in their training and who approach their involvement in the swimming club with enthusiasm and hard work.

Age Group	Sprint Cup		Distance Shield		Endeavour Award	
	Boys	Girls	Boys	Girls	Boys	Girls
10 and Under	Robert Matthews	Mary-Anne Grego	Robert Matthews	Mary-Anne Grego	Ethan Ruler	Sarah McKillop
12 and Under	Stan Ricketts	Francesca Healy	Jade Mather	Stan Ricketts	Michael Hannaford	Rochelle Jack
14 and Under	Tommy Ruler	Sian Wotherspoon	Harri Ravenscroft	Sian Wotherspoon	Adam Williams	Zoe Harris
16 and Under	Matthew French	Megan Cox	Joe Lawrie	Ami Pantridge	Joe Lawrie	Ami Pantridge
Open	James Durham	Jo Tomlinson	James Durham	Jo Tomlinson		

### Items in Brief

#### Recent Gala Results

#### Bletchley Open - 10th July 2010

The Bletchley Open saw an amazing performance from our swimmers at the last meet of the season. BEJSC swimmers produced 69 PB's, 13 Gold, 9 Silver and 9 Bronze Medals. Well done everyone.

#### Abingdon Open - 4th July 2010

Bourne End swimmers 33 new PBs and Green Squad's Francesca Healy was awarded the Best Girl of the Gala.

### Forthcoming Events

19 Sept	BBAT Meet
16/17 Oct	Wycombe B&C Open
13 Nov	Autumn Championships
27 Nov	Autumn Championships
4/5 Dec	Oxford L2 Open Meet
12 Dec	Maxwell L4 Open Meet
19 Dec	Counties Time Trials - 400m

### Section Officials

Chair	Claire Donlon
Head Coach	Andy Ruler
Court Garden	Neil Bailey
Treasurer	John French/ Tracy Cubitt
Secretary	Wendy Healey
Membership Secretary	Grace Grego
Officials Secretary	Claire Wotherspoon
Newsletter	lorraine.couves@btinternet.com
Club Welfare Officer	Eryl Walker

#### Personal belongings:

There have been instances of thefts at Handy Cross during training sessions. So do not leave your bags and valuables in the changing rooms at any time.