



Bourne End Junior Swimming Club News

March 2010

19 Club Records Smashed !

Since September 2009 a total of 19 new club records have been set by our swimmers in short and long course events.

Mary-Anne Grego aged 10 who swims with green squad smashed the 200m records for breast stroke and IM and broke a further 3 records including the 10 year old 50m breast (LC).



Mary-Anne says " I really enjoy swimming with BEJSC, everyone is so friendly and we have the best head coach ever, Andy is always there to support and encourage us at galas. I was especially pleased to break the 10year old record for 50m breast (long course)".

Annabelle Turner also in green squad set 2 club records in 100m breast stroke and 400m free-style.

Tommy Ruler (yellow) has broken a fantastic total of **7** club records since September and **Fabrice Hammerlindl**

(B) a further 3. **Joe Lawrie** (A squad) has 2 new records including 50 free where he **broke the 30s barrier** with a time of 28.49s.

Several more swimmers set new club records earlier in the year. In fact some 71 records are held by current swimmers.

There may be others that have not yet hit the web-site

Well done to **ALL** of you.

Why not check your own PBs against the club records on the web site and let's see if we can break some more at the May championships.

Club Officials

Chair	Claire Donlon
Head Coach	Andy Ruler
Court Garden	Neil Bailey
Treasurer	John French/ Tracy Cubitt
Secretary	Vacancy
Membership Secretary	Grace Grego
Officials Secretary	Claire Wotherspoon

Forthcoming Events

County Championships	March 2010
Windmill Hill Camp (PGL)	6-9 April
Chiltern League Round 1	17 April
Spring Championships	8 & 15 May

Chiltern League 2010

The Chiltern league is a team competition that the club enters each year. Usually it consists of 3 rounds of competition against clubs of similar levels. There are races for each age group

and a number of relay races which add to the competition feel and ensure a very noisy environment. The swimmers have a great time and enjoy the team travelling

on the bus. If you get a chance to be involved do take part—it's great fun and if you haven't been picked yet then get training and focus on a PB in the next champs!

John Lewis Partners in Sport Programme

On Tuesday 23rd February the swimming club took part in a promotional video for the John Lewis Partnership. Andy, our head coach, who works for JLP is involved in their Partners in Sport training program. JLP will be supporting additional training for Andy which is a significant benefit to the club. Over the next year the project will be paying for Andy

to complete a L3 coaching course (the normal cost to the club would be £1200). This is a great opportunity to increase the skill level of our coaches and frees the money in the training budget for some new wanabee teachers.

Well done Andy for securing this investment for the club and Good luck with the L3 course.



"Good Luck to our swimmers in the counties this month!"

Club AGM Highlights – Saturday 27th February

Attendance was very good with almost 1/3 of families represented. Younger swimmers enjoyed games in the main hall led by club captain Claire Couves and climbing led by BEJSC.

Chairman's report:

Many thanks were made to current and former volunteers without whom the club could not operate.

The past year has seen 3 parents achieve L2 teaching, and 5 senior swimmers qualify as lifeguards and we also now have 2 qualified timekeepers.

Emily Cubitt, Ellie Couves, Joe Lawrie and Ollie Seber are members of the Junior committee for BEJSC and last year Joe, Emily and Ellie completed the 'Action for Youth' leadership training course which aims to increase confidence of young volunteers. Ollie is booked on this year's course so we wish him well.

Head Coach:

The number of competitive swims increased from 1100 to 1700 with an

increase in Pb rate from 52% to 62% (a good number of those were new club records) and with many swimmers having excellent placings in recent meets.

Swimmers are benefitting from recent collaboration with Aylesbury and Thame swimming clubs (BAT meets) helping swimmers to get good qualifying times.

County qualification has become more difficult due to additional clubs being formed so numbers are down.

Teaching/court garden

The learn to swim program continues to be both well supported and successful. The club benefits from the voluntary help of parent swimming teachers and the senior swimmers both in the pool and as assistant teachers.

Finance:

Club finances are sound with a small surplus (due to less training spend than budget).

Club fees were maintained with no increase last year.

Wycombe Abbey represents very good value for money and the need to ensure we respect our terms of agreement (e.g. keeping noise down, walking with an adult, keeping swimming pool and changing area clean) was highlighted.

Election of new committee

The new committee roles were then discussed. Most have been filled but the club is always on the lookout for more volunteers.

Please consider what you can give to the club whether as a teacher, life-guard, or equally important with administration support.

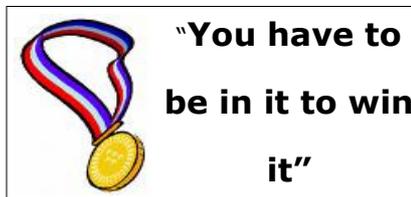
The evening finished with refreshments provided by social secretary **Carmen** and helpers.

Full minutes will be posted on the swimming club website.

Bourne End Spring Championships 8 & 15 May

Please put this date in your diaries **NOW!!!**

This year's Spring Championships will be held on Saturday **8th and 15th May**. This is the best opportunity for swimmers to set PB's and improve their chances of having qualification times for open meets and Counties and for participation in the Chiltern league. Not only that but the results of the swimmers count towards qualification for the sprint and distance cups awarded by the club in



each age group at the BEJSC main club award ceremony July.

So please encourage your swimmers to have a go in all the events and to help with organisation please send in your entries as soon as possible.

We always have a good turn out of swimmers but definitely we would like to see more. The swimmers have great fun—if judged by the number of times we have to tell them to be quiet for a start! - hint hint!

Of course the Spring Champs cannot happen without sufficient volunteers to help. **Claire Wotherspoon** is our 'officials secretary' and will shortly send out a request for help. **Please, please, please** reply and let her know what you can do.

Fundraising: Tesco Vouchers/Easy Fundraising



Last year we were able to obtain some water polo equipment for fun end of term sessions. Unfortunately 1 goal does not make a game!

This year we are hoping to collect enough vouchers for the other goal—

just over 1000 will do the trick. If you have any spare vouchers (You'll probably be saving for your own schools—but will they miss a few?) we would love to have them.

Marlene James is organizing the collection this year, so give them directly to her, any of the committee or leave on the table at swimming on Saturday mornings.

easyfundraising
.org.uk

I'm sure you have heard of this website. **Claire Donlon** will shortly be sending a referral email to club members. Claire raised just over £100 last year for the club (I don't think she's a shopaholic!). This is about a third of the cost of training a level 1 teacher.

Windmill Camp (Easter) - have a great time!!