

BEJSC - SWIMMING SECTION



February 2007

REMEMBER! • REMEMBER! • REMEMBER! • REMEMBER!

The Annual General Meeting is Tonight

This year's AGM is being held on Saturday February 3rd from 6pm to 8pm at BEJSC in Bourne End. The climbing wall will be available on the night as will the hall for games.

Please do come along!

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Spring Champs

To all of our parents, if you feel you would like to take part in this event in the spring then you will be very welcome. There are a variety of roles which are carried out on the evening from mustering the swimmers and recording the swimmers times at the desk to a variety of pool-side duties. A good way to take part is to join us as a time keeper where you will work with a more experienced time keeper.

Please contact Lorraine Couves if you would like to volunteer for a Club Champs role. Remember, we all volunteer and so the more who help, the lighter the load.

Land Training

Exclusively for A, B and Yellow Squad

CORE STABILITY

One hour fun sessions focusing on mobility and stability.

The stronger the core, the better the swimmer

Where: Bourne End Junior Sports Club,
Next to Wye Valley School, Bourne End.

Time: Tuesdays 6:15 to 7:15pm

Dates: 13th Feb; 5th March;
17th April and 3rd July.

Please put these dates in your diaries!!

Swimmers in Action

Abingdon Winter Open - 7th January 2007

Well done to all of you who entered this meeting. We had about the same number of competitors as the host club Abingdon and our participation was very well appreciated by the club.

The standard of this meeting has improved this time round with some swimmers entries rejected due to the high number of overall entries. Despite this, we achieved 10 top 6 places and two speeding tickets for swimmers who were too fast for the event (Katie Brown and Matthew Saunders). Matthew Saunders, Jack O'Donnell and Aaron Jackson achieved a 3rd place, Darcy Rhymes and Will Sones achieved a 2nd place and Alex Bartlett won gold in the 100m Breaststroke.

As a club, we posted 33 personal best times from 75 swims some of these becoming new or improved county qualifying times.

Sponsorship

As a membership funded club, our finances are determined largely by income from your subscriptions. We aim to keep these as low as we can, but as a result there are many things that we would like to do that we cannot afford to. Gifts and sponsorships would help us do these things.

If you know of a company that would like to help out a local charity (yes, we are!) please contact Peter Sones

New Website

Keely Hammond (Emma and Sarah's mum) writes



- I've volunteered to get involved in helping promote the club and your achievements over the year. I'll be contacting the local papers regularly to let South Bucks know what a fantastic club we are, also ensuring that your mates get to know what you get up to in your spare time!
- I'm hoping that by the time the newsletter is published, a new web site for your swimming club will be up and running. The web site will be updated regularly, including results from Club Galas and your own swim times. It will be used to keep parents up to date with diary dates but also to create a tool for advertising the club. We want to hear from you if you have any ideas to improve it's content.
- I'll also focus my attention on raising our sponsorship base, contacting local businesses and other suitable organisations that are able to sponsor a growing club wish list! Please let me know if you have any contacts in 'High Places' that I could approach. Happy swimming!

Future Events

Oxford & North Bucks County Championships 2007

Entries for this event have now gone in. Keep training hard and working particularly on the technical parts of your race such as the start, turn and under water sequences in each stroke.

Let's achieve even better results this year than we did last year at this highlight event of our season.

ARETHUSA 2007

We are in the process of booking the coach for the Arethusa trip and once we have this cost we will be sending each family an updated set of information including the final payment which is due to be paid to the club by 28th February 2007.

We will hold a meeting in mid March to discuss the trip in more detail so that you all have an idea of where you are sending your children and what they will be doing during their stay.

Watch this space for further updates

Wycombe Abbey

News for swimmers and parents attending Wycombe Abbey Sessions on Tuesday night

Wycombe Abbey Security has informed us of new practices for Tuesday night: entry to the main car park will only be available until 8.50pm after which the gate keeper is not available to open the gate for pick ups. The side pedestrian gate and the main gate are available for exit.

Please ensure that you enter the car park before 8:50pm

Social Activities

TEN-PIN BOWLING NIGHT – 13 JAN 07

On the 13th January 2007 some 45 intrepid ten-pin bowlers took part in a different form of competition for Club members; yes we were in lanes but not a swimming costume in sight!

Eight teams took part, 5 with younger members of the Club and 3 with more 'mature' members. Competition was keen with a variety of bowling styles being employed and some lively 'banter' between all competitors. The wining team (Adam, Aaron, Darcy, Simon, Alex and Natalie) in the younger section were only 2 points ahead of the runners up (Daffyd, Rhianon, Jack, Matthew, Adele and Emma). The highest score in the younger section and indeed overall was Daffyd with 162 and Paul Lewington runner up with 142. There was some consolation for Paul in that he and his wife Alison won the prizes for the highest scoring man with 142 and highest scoring lady with 130.



It was good fun and there were some mutterings about "...doing it again..." or "...maybe even a Quiz Night..." - any volunteers? Chris



Message from the Editor

If you have any comments, or contributions for the next issue, please email me (Sally Lawrie) at slawrie@yahoo.com. Thanks!