

BEJSC - SWIMMING SECTION



October 2006

Swimmers in Action **Wycombe B and C Grade Open** **23rd September 2006**

28 swimmers entered this event swimming a very impressive 42 personal best times in 96 completed races. Congratulations to all of you who received medals, too many to mention here!.

The entry forms will be available soon and will include a chance for all of you to compete in 100m and 200m events by adding these events to another of our swimming sessions. So look out for the entry forms, enter as many races as you can and show us all how well you are swimming after all your hard work training.

Future Events

Club Championships **11th and 18th November 2006**

We run these championships to give you all a chance to compete against each other in all strokes. This gives you the opportunity to record a personal best time which can be used to enter you in team galas and open meetings through the year.

Oxford Level 2 Open Meeting **2nd and 3rd December 2006**

The qualifying swimmers will have an envelope on the Saturday table detailing the events you have qualified for at this high standard meeting. Please get your entries in to Andy Ruler as soon as possible together with the entry fees.

ARETHUSA 2007

This is a fantastic chance to spend a week away from home and with your swimming friends, doing all sorts of activities from climbing, orienteering, canoeing and even swimming!

We have booked Arethusa for Sunday 1st to Thursday 5th April 2007 and the price will be in the region of £200 plus the cost of the coach. This is a very worth while event to go on, organised by a very professional staff at Arethusa and giving our swimmers great opportunities to experience a wide range of activities and maybe even find out a few things about themselves.

The trip is restricted to 9 – 13 year olds at the time of the trip. Further information will be on the Saturday table soon but in the mean time, please let Andy Ruler know if you are interested. Numbers are limited so book early to avoid disappointment. you will not be attending a session, through illness or other commitments, would you please advise your coach, either in person at a previous session, by telephone or e-mail. This will help with the planning, cut down on wasted time whilst the 'last' person is waited for in order to start the session and is a matter of courtesy. THANK YOU.

Your club needs you

Everybody you see here at the swimming club is a volunteer. We do it because our children are or have benefited from the commitment of others. Please help us to keep the club the great place it is for children to learn to swim, improve and develop as people. If you feel you have a talent or would just like to help, please talk to the Chairman, Peter Sones, or any Committee member.

We provide training and support for all volunteers to help them to help the club, and gain valuable life skills. Our swimmers and helpers are great adverts for the club and use their skills and abilities in all walks of life.

Introducing Your Club Captains!



Hi, my name is Adam Boddy and I am your new Club Captain. I started swimming with Bourne End Swimming Club at Court Garden when I was 6 so I have been swimming for 10 years. My favourite stroke is freestyle and I prefer longer distances to the sprint events. My goals for the coming year are to train hard, improve my times and hopefully qualify for Counties again.

I am looking forward to helping to organise our team at swimming galas. If there is anything you want to find out about swimming you can come and talk to me or to Oonagh and if we can't help you, we will find out who can.

Hello, I'm Oonagh Eastmond and I have been swimming for BEJSC for as long as I can remember: I started in Court Gardens and have ended up in the A squad. My favourite stroke at the moment is backstroke, but I do like butterfly as well. My favourite experience at the club was going to Arethusa, it was really fun. This year I hope that everyone makes new friends and swims faster than last year!



Swim Camp at Woodrow House

Juliet O'Donnell writes:

The trip to Thorpe Park was a great success and hopefully a good time was had by all!

My next exciting venture (subject to willing volunteers!) is a weekend swim camp for the older swimmers – age 14 and up.

The camp would take place at Woodrow House, which is near Amersham and would run from Friday evening until Sunday afternoon.

A possible date – which does not clash with Autumn Champs or open meets is the 8-10th December – but I realise that this is getting close to Christmas.

The cost for the weekend will be just under £100 and would include food and activities (including swimming and archery).

Could you let me know if you are interested, so that I can see whether the camp is viable?

Juliet O'Donnell

(01628-521292 or see me after swimming)

Security

As you may know, one of our swimmers left his personal possessions in a changing room while swimming: some were stolen while he was in the water. Please ensure that valuables are locked in one of the lockers, taken pool-side or given to a responsible adult for safekeeping.

**LEAVE VALUABLES AT HOME!
You have been warned.**

Tell us what you think...

We want everyone to have some input so would like to know what else you want from the club, if anything. More social occasions, i.e. climbing, bowling, visits to Theme Parks, BBQs. Should this be for swimmers only or open to all families? Do you want to swim in school holidays or would you like a break? If fact any good ideas or if you want to get something off your chest, you can speak to a member of the committee or alternatively Oonagh Eastmond and Adam Boddy, the Club Captains.

Sponsorship

As a member club we are limited to what we can do by finances. There are many things that we would like to do that would not be funded out of subscriptions. If you know of a company that would like to help out a local charity (yes, we are!) please contact Peter Sones on 07966 825058.

Help needed for Autumn Championships!

In order to be able to stage these championships we rely on the support of our parents or older club members to help officiate and organise the event. Many of you have been involved before and I hope that you will continue to do so. If you can spare some time on 11th and/or 18th November to help, please let Lorraine Couves know asap. Email her on lorraine.couves@btinternet.com

Message from the Editor

If you have any comments, or contributions for the next issue, please email me (Sally Lawrie) at slawrie@yahoo.com. Thanks!