

# BEJSC - SWIMMING SECTION



October 2005

## **Hello and welcome to another year at BEJSC Swimming Section.**

This Newsletter is intended to help you to get more out of your club. We will produce several of these throughout the year to inform you of what is going on, activities that you can join in and to update on what has happened. But this is your club and your newsletter, so if there are any burning issues that you feel an urge to share please send your comments, emails or letters in.

### **Swimmers in Action**

**Wycombe B & C Grade Open Meeting 24th September 2005.** It was a challenge organising entries for this meeting over the summer holidays, well done to those who managed to send in the entry forms with everything else going on over the summer.

25 of our swimmers entered a total of 72 events and recorded an impressive 30 personal best times. We achieved 30 top three places including 5 gold medals. Congratulations to all who competed and we hope to see more swimmers entering the next event achieving more PB's.

Thanks to Paul Lewington who helped organise the swimmers on poolside.

### **Club Captains 2005/2006**

Rhys Ravenscroft and Jenni Howell have taken on the role of Club Captains in order to give you, the swimmers, someone to go to if you need help in training or competitions.

Rhys and Jenni have been with the swimming club for many years have a lot of experience which you can benefit from.

### **Message from the Editor**

I hope you liked this first newsletter. If you have any comments, or contributions for the next issue, please email me (Sally Lawrie) at [slawrie@yahoo.com](mailto:slawrie@yahoo.com). Thanks!

### **Future Events**

#### **Club Championships**

**12th and 19th November 2005.**

Entry forms are on the table on Saturday mornings, please enter as many events as possible as the times you record help us organise teams for galas and entries for open meets.

**Please note the start times for these events!**

- **Warm Up: 6pm**
- **Gala Start: 6.30pm**

This is your club event and relies on your participation to make it a success for all.

#### **City of Oxford A Grade Open Meeting 3rd and 4th December 2005.**

The yellow forms for this meeting have been handed out to all swimmers who have qualified for this county standard meeting. Please get the entries into me as soon as possible. The closing date is 28th October 2005.

**There are more galas and open meetings in the new year, keep your eyes on the Saturday table.**



## Introducing Sharron Bartlett

**Hello I'm Sharron Bartlett - the Club Secretary.** You can usually find me on Saturday mornings at the information desk.

I became involved with the club when my children did, and what a friendly bunch they are here!

Please feel free to contact me if you have any general enquiries. I'm certainly better behind the desk than I am in the water!

## Comments from your Chairman Peter Sones

We are a volunteer run organisation. So everyone that helps at the club gives their time to the club for free. Generally we have children at the club, but a number amongst us have continued for many years after our children have gone. However, we always need more help. Not all of the things that need doing are as time consuming as teaching or life-guarding, but they are all essential to the club. Some roles simply take a couple of hours a month, others slightly more. If you are able to offer some time, help and assistance please contact me and I will be happy to give you a better feel for the ways in which parents and swimmers alike can help at the club. For those that do want to get involved in teaching, coaching or life-guarding the club offers opportunities to train, develop and practise. This includes putting people through official ASA training qualifications, where appropriate. So please play an active role in your club and help us all to make it the best club that we can.

On a slightly more sombre note, there have been a number of instances of our swimmers behaving poorly in the changing rooms and generally around Handy Cross. This has led to complaints from both members of the public and parents of other swimmers. Please remember that the swimmers are only under the control of the club once they are either pool side, or in the pool. Handy Cross is a public facility and we have to behave appropriately there. Parents – please ensure that your child is suitably behaved and supervised.

Swimming is great fun and will stay with you for the rest of your lives. If you have friends who would like to share in your hobby then bring them along (maybe they used to swim for a club, but have stopped). We will arrange for them to be assessed and put in an appropriate squad and then they too can be part of the club.

So that's all from me for now. I hope that you find the newsletter informative. If you have any comments on any of the contents, there is something that you would like to see in the newsletter, or you just have a burning desire to say something about the club, please send your comments in to the contact details below.

## Court Garden

**Court Garden in Marlow** on a Friday night is where BEJSC gains most of its swimmers from. We teach age ranges from about five up to eleven. We have and continue to produce some well rounded swimmers of which the majority who leave move onto the next group on a Saturday morning. What can you say about this. Generally a very fulfilling experience teaching young children and the responses from most are a pleasure to experience. We have had great successes often with children who have learning difficulties or a very high fear of water. We often succeed and produce some great all round swimmers.

### What could we do with more of? Helpers!

We can always do with more help - we are dealing with young children and allowing them to thrive whilst providing structure is an interesting challenge. If you wish to get involved more in any way from becoming a teacher to helping the administration to assisting in the pool - please feel free to contact me:

**Neil Bailey on 01494 441747 or  
nrbailey@btconnect.com**