



OXFORDSHIRE & NORTH BUCKINGHAMSHIRE COUNTIES ASA
 Affiliated to the Amateur Swimming Association (South East Region)
County Championship and Age Group Competitions 2018

BOYS ACCEPTED SHORT COURSE TIMES

	10/11 Years	12 Years	13 Years	14 Years	15 Years	16 Years and Over
Age Band	C	D	E	F	G	H
50m Freestyle	34.6	32.4	30.0	28.1	26.6	25.6
100m Freestyle	01:16.2	01:11.0	01:06.1	01:01.5	00:58.7	00:56.3
200m Freestyle	02:45.4	02:34.3	02:24.1	02:13.9	02:07.6	02:02.5
400m Freestyle	05:56.8	05:34.0	05:13.2	04:55.5	04:41.4	04:30.8
1500m Freestyle		Fastest 40 Entries				
50m Breaststroke	44.9	41.7	38.1	35.7	33.7	32.2
100m Breaststroke	01:38.1	01:31.0	01:23.9	01:17.7	01:13.6	01:10.5
200m Breaststroke	03:30.8	03:16.4	03:01.9	02:48.2	02:39.5	02:33.6
50m Butterfly	38.2	35.8	33.0	30.9	29.0	28.0
100m Butterfly	01:25.8	01:19.5	01:13.6	01:08.0	01:04.2	01:01.9
200m Butterfly	03:07.9	02:55.4	02:42.7	02:30.5	02:21.2	02:16.4
50m Backstroke	39.8	37.2	34.1	32.2	30.3	28.9
100m Backstroke	01:25.8	01:20.0	01:14.2	01:08.6	01:04.9	01:02.4
200m Backstroke	03:03.2	02:51.2	02:39.3	02:27.6	02:19.9	02:14.8
100m Individual Medley		Fastest 24 Entries				
200m Individual Medley	03:07.2	02:55.1	02:43.6	02:31.1	02:23.5	02:18.3
400m Individual Medley		06:20.9	05:56.8	05:33.8	05:16.6	05:05.4

BOYS CONSIDERED SHORT COURSE TIMES

	10/11 Years	12 Years	13 Years	14 Years	15 Years	16 Years and Over
Age Band	C	D	E	F	G	H
50m Freestyle	37.4	35.0	32.4	30.4	28.8	27.7
100m Freestyle	01:22.3	01:16.7	01:11.4	01:06.4	01:03.4	01:00.8
200m Freestyle	03:02.0	02:49.8	02:38.5	02:27.3	02:20.4	02:14.8
400m Freestyle	06:32.5	06:07.4	05:44.6	05:25.0	05:09.5	04:57.9
1500m Freestyle		Fastest 40 Entries				
50m Breaststroke	48.5	45.1	41.1	38.6	36.4	34.8
100m Breaststroke	01:45.9	01:38.3	01:30.6	01:24.0	01:19.4	01:16.1
200m Breaststroke	03:51.9	03:36.1	03:20.1	03:05.0	02:55.4	02:49.0
50m Butterfly	41.3	38.7	35.6	33.4	31.3	30.2
100m Butterfly	01:32.7	01:25.9	01:19.5	01:13.4	01:09.3	01:06.9
200m Butterfly	03:26.7	03:12.9	02:59.0	02:45.5	02:35.3	02:30.1
50m Backstroke	42.9	40.2	36.9	34.8	32.7	31.2
100m Backstroke	01:32.7	01:26.4	01:20.1	01:14.1	01:10.1	01:07.4
200m Backstroke	03:21.5	03:08.3	02:55.2	02:42.3	02:33.9	02:28.3
100m Individual Medley		Fastest 24 Entries				
200m Individual Medley	03:25.9	03:12.6	02:59.9	02:46.2	02:37.8	02:32.1
400m Individual Medley		06:59.0	06:32.5	06:07.2	05:48.3	05:35.9



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GIRLS ACCEPTED SHORT COURSE TIMES

	10/11 Years	12 Years	13 Years	14 Years	15 Years	16 Years and Over
Age Band	C	D	E	F	G	H
50m Freestyle	35.2	33.1	31.1	30.0	29.0	28.3
100m Freestyle	01:17.1	01:12.1	01:08.6	01:05.3	01:03.5	01:01.7
200m Freestyle	02:46.2	02:35.1	02:27.5	02:20.6	02:16.3	02:13.0
400m Freestyle	05:56.4	05:33.0	05:17.3	05:06.2	04:57.0	04:51.0
800m Freestyle		Fastest 72 Entries				
50m Breaststroke	45.1	42.0	39.4	37.7	36.4	35.7
100m Breaststroke	01:38.2	01:31.6	01:26.2	01:21.3	01:19.1	01:17.6
200m Breaststroke	03:30.6	03:16.3	03:05.1	02:55.5	02:50.7	02:47.1
50m Butterfly	38.7	36.2	34.0	32.6	31.5	30.8
100m Butterfly	01:26.2	01:19.9	01:15.8	01:11.7	01:09.8	01:08.2
200m Butterfly	03:10.0	02:55.3	02:45.7	02:36.7	02:31.6	02:28.3
50m Backstroke	40.0	37.5	35.2	33.8	32.8	31.9
100m Backstroke	01:26.3	01:20.2	01:16.0	01:12.4	01:10.0	01:08.4
200m Backstroke	03:02.6	02:51.0	02:42.8	02:34.9	02:29.8	02:26.0
100m Individual Medley		Fastest 24 Entries				
200m Individual Medley	03:07.6	02:54.7	02:46.8	02:38.6	02:33.9	02:30.3
400m Individual Medley		06:19.9	06:00.3	05:46.7	05:36.9	05:28.9

GIRLS CONSIDERED SHORT COURSE TIMES

	10/11 Years	12 Years	13 Years	14 Years	15 Years	16 Years and Over
Age Band	C	D	E	F	G	H
50m Freestyle	38.0	35.8	33.6	32.4	31.3	30.6
100m Freestyle	01:23.3	01:17.8	01:14.1	01:10.6	01:08.6	01:06.7
200m Freestyle	03:02.8	02:50.6	02:42.2	02:34.7	02:30.0	02:26.3
400m Freestyle	06:32.1	06:06.3	05:49.0	05:36.9	05:26.7	05:20.1
800m Freestyle		Fastest 72 Entries				
50m Breaststroke	48.7	45.4	42.5	40.8	39.3	38.5
100m Breaststroke	01:46.1	01:38.9	01:33.1	01:27.8	01:25.5	01:23.8
200m Breaststroke	03:51.7	03:36.0	03:23.6	03:13.0	03:07.7	03:03.8
50m Butterfly	41.8	39.1	36.8	35.2	34.0	33.2
100m Butterfly	01:33.1	01:26.3	01:21.9	01:17.5	01:15.4	01:13.6
200m Butterfly	03:29.0	03:12.8	03:02.3	02:52.4	02:46.7	02:43.1
50m Backstroke	43.1	40.5	38.1	36.5	35.5	34.5
100m Backstroke	01:33.2	01:26.6	01:22.1	01:18.2	01:15.6	01:13.9
200m Backstroke	03:20.8	03:08.1	02:59.1	02:50.4	02:44.8	02:40.6
100m Individual Medley		Fastest 24 Entries				
200m Individual Medley	03:26.3	03:12.1	03:03.5	02:54.4	02:49.3	02:45.4
400m Individual Medley		06:57.9	06:36.3	06:21.4	06:10.6	06:01.8